

Spend the afternoon with your **BEST FRIEND!!!!** & Support a **GREAT CAUSE**. Rain or shine this is an indoor & outdoor event.

# Lugnuts Canine Weight Pull Contest

All size & type dogs welcome. No experience or equipment needed, we provide everything. We have had dogs from 4 lbs to 150 lbs. participate. Winning is based on percentage of body weight pulled.

*Plus*

Agility equipment & instruction, awards, prizes, games, raffles & more.....

Lots of fun, fresh air, & exercise!

**Date: Saturday October 16, 2010**

**Time: 1:00PM-5:00PM**

**Place: L&L Farm~ 782 Twomey Ave.~ Calverton**

Minutes from the L.I.E. take exit 72 toward Calverton 25West. Take your first right on Manor Rd, and your first left on Twomey Ave. Farm is on your right side about 1.5 miles.

*Presented By*

*Zen Dog Canine Training & RSVP Animal Rescue Group*

**Special thanks & much appreciation to Linda & Larry from L&L Farm for donating the use of their farm to us this day.**

For more information contact Samantha from RSVP [smullen161@optonline.net](mailto:smullen161@optonline.net) or 631-833-0970 or Kathleen from Zen Dog [zendog@optonline.net](mailto:zendog@optonline.net) or 631-650-6328



**Lugnuts is a Free Community Outreach Program** & open to the public. There are a few events like this one that donations are accepted but not necessary. Suggested donation is \$10. *All donations help pay for spay/neuter, medical care, food, shelter, humane education & training, & daily care supplies.*

**Guidelines:**

Dogs must have a collar & be leashed at all times. Please clean up after your best friend & respect the space of other best friends.

**Can you help???????**  
**Volunteer~Adopt~Donate**

- 1) We are looking for locations to hold the much needed LUGNUTS PROGRAM. A huge space is not needed & it can be grass or pavement. For complete program details contact Kathleen from Zen Dog.
- 2) We have many dogs that need to be adopted or fostered. Please contact RSVP or visit our website [RSVPINC.org](http://RSVPINC.org)
- 3) Winter is coming & besides monetary donations. We need volunteers, food, doghouses, bedding, collars, leashes, toys, any & all daily care supplies new or gently used. Bring donations with you or we can pick up.